JUNIOR CYCLING ESPORTS RULES AND REGULATIONS

NXGN Race Series

Events occur on Wednesdays 7pm CET and Sundays 10am CET

Junior Category applies accordingly to the December 31st Rule: A rider's "racing age" is calculated by the age they will turn on December 31st of the competition year. For example, if a rider is 16 but turns 17 on December 28th, they compete as a Junior for that entire calendar year.

The NXGN Race Series events will serve as an eligibility requirement for the **2026 UCI CYCLING ESPORTS JUNIOR WORLD CHAMPIONSHIPS POWERED BY MYWHOOSH**



Version 2 – October 30, 2026

Classification: Public

GOVERNANCE

- These MyWhoosh Rules & Regulations apply to any race organized by MyWhoosh as part of the MyWhoosh Cycling Esports events or series

RACING AND GENERAL RULES

These MyWhoosh Rules & Regulation apply to MyWhoosh Esports events and the Code of Conduct and Fair Play apply to all participants of the MyWhoosh races and events.

- Race hard and race fair.
- Do not cheat.
- Help build the community.
- Spread the MyWhoosh good word to other riders.
- Use your real weight and height and other physical properties.
- Calibrate your trainer accordingly.

MYWHOOSH CYCLING ESPORTS RACE CONTROL TEAM

- MyWhoosh is responsible for creating, maintaining, implementing, enforcing, and communicating this set of rules through the "Race Control Team". The Race Control team is composed of the following MyWhoosh members:
    - MyWhoosh Premium Events Manager
    - MyWhoosh Director of E-Sports
    - MyWhoosh Legal Department
    - MyWhoosh Data Analytics team
    - MyWhoosh Performance Verification team, which includes cyclist professionals and cyclists' coaches.
- Race Control team has the authority to make changes or additions to these MyWhoosh Rules & Regulations at any time and by written notice. Please ensure that you have read and agree to the most recent version before every race. It is clarified that any changes affecting eligibility or qualification for the UCI World Championships should require prior UCI approval.

CONNECTIONS

- Your equipment must connect with Bluetooth the MyWhoosh application. You must connect an approved primary, secondary power meter and heart rate device to be eligible to race in MyWhoosh Esports events.
- **Primary – Power/Controllable/Cadence – SMART TRAINER / SMART BIKE (BLUETOOTH/Wi-Fi/Direct Connect):** All riders must ride on a Bluetooth, direct-drive smart trainer, Pedal based power meter or smart bike. Connection for Primary data is made on the Connect Devices Page.
- **Heart Rate – HEART RATE MONITOR (BLUETOOTH):** All riders must ride with an approved chest heart rate strap connected to the MyWhoosh application. Optical watch or armband-type heart rate monitors are not eligible for MyWhoosh Esports events. Connection for Heart Rate is made on the Connect Devices Page.
- **Secondary – CRANK/PEDAL-BASED POWER METER (BLUETOOTH):** Your secondary data source must record power and cadence data. This device must be connected to MyWhoosh directly in the SETTINGS menu. This data is used for performance verification purposes only.

The MyWhoosh application will not allow a rider to simultaneously use the primary power source for secondary power data capture as well. Different power-recording devices must be connected as primary and secondary devices.

APPROVED EQUIPMENT

All equipment must be well-maintained and using the latest version of firmware. All smart trainers (if required) and power meters must be calibrated within 30 minutes of the start of the MyWhoosh Esports Event. This process will be tracked in our data capture and may result in an annulment if not completed.

From October 1, 2026, only the following Smart Trainer/Bikes will be approved for junior MyWhoosh Esports Events:

Primary devices:

- Wahoo: V5, V6, Move, Kickr Pro Bike V1 and V2, Kickr Shift, Kickr Core V1 & V2.
- Tacx: Neo, Neo 2T, Neo 3M, Neo Bike, Neo Bike Plus.
- Elite Justo and Justo 2.
- Jet Black Victory.
- Elite Justo Avanti.
- Cycplus T2, Cycplus T3

Secondary devices:

We allow all crank or pedal based power meters

Heart Rate

- Only Chest Strap Heart Rate Monitors are allowed. We recommend using Polar, Wahoo, 4iii, Garmin, or other well-known brands. Optical sensors are not allowed under any circumstances.

Power Meters

- All pedal and crank-based power meters are allowed for secondary devices if they are unmodified and are using the factory slope. All power meters must not be amended to read the same as the primary. If you are unsure about your equipment, please contact racecontrol@mywhoosh.com. Wheel-on trainers and non-smart trainers are not allowed. We would recommend dual sided secondary power meters where possible.

RIDER RESPONSIBILITIES

Riders will take the following steps as to their equipment settings and configurations:

- The Trainer gradient difficulty setting in the game must be set to at least 50%.
- All riders must use the default manufacturer slope settings on any power meter or trainer. Riders are responsible for ensuring accurate reporting of power, cadence, and heart rate data to the MyWhoosh application without signal interference or dropouts.
- Riders must not tamper with equipment, modify any recorded data, or use any mechanical, electronic, or other device that provides an unfair advantage or false result.
- Riders must complete all weigh-in, height, and equipment videos as instructed.
- Riders must have the ability to live stream to a provided link.
- Riders must compete in clothing that is acceptable for public live streaming.

PRE-RACE PROTOCOL

To ensure accurate measurement of power, height, weight, and equipment riders must follow the protocols outlined below.

MyWhoosh Power Passport Test

To be eligible to race in any junior MyWhoosh Esports events, riders must complete a MyWhoosh Power Passport Test found in Workouts – Testing on the MyWhoosh application. The MyWhoosh Power Passport Test results will be used for categorization where applicable, verification, and will form a major part of a rider's MyWhoosh Power Profile. It is the athlete's responsibility to ensure their power passport test result is aligned to their in-race values. Failure to do so will result in a relativity ANL from events.

Full Protocol – MyWhoosh Power Passport Test

- Please log in to the MyWhoosh app, connect your primary and secondary power devices, heart rate monitor, then head to workouts > testing > power passport test.
- Ride the power passport test. To get an accurate result, we recommend pacing the test so riders can attain the highest power in both the 3min and 12min efforts they are capable of.
- Once the power passport test is done, please submit all details on the MyWhoosh pre verification page here: https://event.mywhoosh.com/pre-verification-form and email racecontrol@mywhoosh.com clarifying you wish to be verified as a junior ride when this is completed. Failure to submit details on the pre verification form will mean you do not become a verified rider.
- For any video or strava links, please just put NXGN Race Series in these fields. For weight and height, we would ask all riders to submit accurate values in these fields. Riders who are later found to not have submitted accurate data will face sanctions.

Pre event Zoom link verification protocol.

A Zoom link for each race will be provided to riders before their scheduled events. Riders will have to complete a 3-part hardware, height and weight verification protocol on this zoom link directly after one another. A parent or legal guardian must be present, or immediately available, during the session, and the Company will not hold a private one-to-one video session with a Minor without the Parent/Guardian's knowledge. The Parent/Guardian will ensure that the Rider joins the session from a safe and private setting. Once this is complete, riders will then need to submit their height and weight values by heading to the MyWhoosh website, logging in to their profile and heading to their main profile page. Here they will find a pre-race verification pop up box where they can input their verified height and weight values recorded in the below protocol. For any fields requiring a video please put NXGN Race Series before you submit the values. Once all this is submitted you are ready to race. Please see this 3-part protocol below:

Hardware Video

Riders are requested to complete the hardware protocol as the first of 3 items on their pre-event zoom link verification process.

Full Protocol – Hardware Video

During the protocol:

- Ensure your devices are not connected to MyWhoosh or any other connection before you start the test.

- This should cover all the equipment you use for MyWhoosh Esports Cycling events. This includes both your primary data sources (such as smart trainer, power based pedals or smart bike, heart rate monitor and power monitor, crank arm length) and your secondary power source (such as your pedal or crank-based power meter).
- You should make a full 360-degree rotation of the camera showing all angles of the smart equipment.
- You should clearly display the serial number of the device you are using. If the device serial number is not visible on the device itself, it may be found in the mobile app that accompanies the device like a power meter.
- You should then open up MyWhoosh, log in to your profile, and pair your devices to MyWhoosh (both your primary and secondary devices). Once this is done, you can open up a free ride, workout, or event and pedal for a while, and show that MyWhoosh is reading all the data (primary and secondary power, cadence, heart rate) from your equipment.
- All these steps should be clearly visible in the zoom call.

When this is complete, please proceed to the height verification.

Height Video

Full Protocol – Height Video

This must be completed after the hardware protocol on the same Zoom call pre-race so we can verify your height.

Before starting the protocol:

- Set up a standard tape measure against a solid, vertical surface such as a wall or doorframe.

During the test:

- Stand against the vertical surface.
- Show yourself marking the tape measure (using a pencil or piece of tape) at the same height as the top of your head.
- Show the marking to highlight your measured height.
- Step back to show the entire tape in the picture.
- All these steps should be clearly visible in the zoom call.

When this is complete, please then proceed to the weigh in verification.

Weigh-In Verification

Any Junior weigh-in is required to be done as the third and final part of the Zoom link pre-race verification video call.

Full Protocol – Weigh-In Video

Equipment:

- Digital scales that read to 0.1kg (analog scales are no longer permissible).
- Known weight that exceeds 10kg, such as a gym plate or kettlebell, that has its weight clearly marked. Water bottles, bags of food, etc., are not acceptable.

Before starting the test:

- Set up scales suitable for measuring body weight in the middle of a room on a hard, even surface, with nothing nearby to hold on to.
- Make sure you are wearing appropriate clothing for a live stream.

During the test:

- Show athlete performing a live internet search for the current time and date and display the results. Screenshots of mobile phone clocks or computer desktop clocks will not be accepted.
- Show the scales in the middle of an empty space, further than arm's reach from any tables, counters, or walls on a hard surface.
- Additionally, show the bottom of the scales.
- Zero the scales.
- Show the zero reading.
- Place the weight (kg or lbs.) on the scales and show the reading.
- Take the weight off and show the zero reading. Lift the scale and show the backside.
- Stand on the scales yourself (without the weight) and show the reading.
- Show yourself freely standing on the scale, without support, either by turning the camera around and raising it up in the air or by showing your reflection in a mirror.
- Take yourself off and show the zero reading. Move the scale minimum 30 cm.

- Stand on the scales with the weight and show the reading.
- Take yourself off and show the zero reading.

After the protocol:

- Please submit any pre-race weigh-in submissions via the submission box on your MyWhoosh web profile alongside your height measurement.
- Weight and height as shown on the zoom link weigh in must be entered into the MyWhoosh application.
- The weight used will be the whole number shown on the digital scales. For example, 74.1kg or 74.9kg will be 74kg in-game. Please only submit whole number weights in the pre verification tab. In the field requiring a video, please just submit NXGN Race Series.

Please note My Whoosh may report and publish the Rider's name, National Federation and results for the reporting, ranking and promotion of the events. Any other use of the Rider's image or likeness, including an AI-generated likeness, requires a separate written consent signed by the Parent/Guardian.

DOPING CONTROL

Riders may be subject to official doping controls managed by the International Testing Agency (ITA) under UCI Anti-Doping Rules.

DATA PRIVACY

Collection of Personal (Health) Data Before, During and Post Racing Events

- By participating in MyWhoosh organized racing events, you (the rider, or the rider's parent or legal guardian acting on the rider's behalf where the rider is under 18 or under the legal age of majority under 18 years of in their country of residence, whichever is higher ("Minor")) acknowledge and agree that MyWhoosh may collect, use, store, review, disclose, and otherwise process personal data relating to your participation in accordance with applicable data protection laws, MyWhoosh's Privacy Policy, and these Rules and Regulations. Such personal data may include identification data, contact details, age, weight, height, heart rate and other performance data, equipment data, video submissions, verification materials, anti-doping / integrity testing records, sample-collection documentation, declarations regarding medications or supplements, and other data reasonably required for race administration, result validation, anti-

cheating, anti-doping / integrity testing, prize administration, dispute handling, and protection of competition integrity.

- MyWhoosh may appoint service providers, technology providers, and other processors, to process such data on MyWhoosh's behalf and in accordance with MyWhoosh's instructions and applicable law. Access to such data will be limited to personnel and service providers with a legitimate need to know for the relevant purposes.

- We assure you that your personal data will be processed confidentially and protected using appropriate technical and organizational measures. Access to your personal data will be limited to authorized personnel who have a legitimate need to access it for the purposes mentioned above. Personal data collected, including `health data, will be retained only for as long as necessary for these purposes or as required by the applicable laws from the conclusion of the event, regardless of whether you have deleted your MyWhoosh account or not. After this period the personal data will be securely deleted and disposed of in accordance with applicable data protection laws and regulations.

- Where verification is conducted by live video call, the session is a live check only: it is not recorded, streamed or stored, and identity documents are checked live and are not copied or retained, except to the extent retention is required by the Rules or applicable law.

- Personal data will be retained only for as long as necessary for the purposes described above, including verification, integrity and anti-doping processes, prize administration, contractual enforcement, dispute resolution, legal claims, regulatory compliance, and any mandatory retention period under applicable law or applicable anti-doping privacy standards. Personal data may therefore be retained for longer than the duration of the relevant event or your MyWhoosh account.

- Where a rider is a Minor, a parent or legal guardian must have consented to the processing of the rider's personal data, including health data, and MyWhoosh will apply additional safeguards appropriate to children's data. The rights in paragraph 7 may be exercised for a minor by their parent or legal guardian.

- Participation in the esports racing events is voluntary, and by providing your consent, you acknowledge and understand the purposes for which your personal data, including health data, will be collected, and processed. Any other processing relies on the lawful bases described in MyWhoosh’s Privacy Notice, including what is necessary for eligibility, verification, competition administration, and prize administration under these Rules, and legitimate interests in competition integrity and fraud prevention.

- Health data (including heart rate) is special category data. It is collected only where necessary for verification, integrity and competition purposes, on the basis of your explicit consent or another basis permitted by applicable data protection laws.

- You have the right to access, rectify, and delete your personal data, as well as the right to restrict or object to its processing. If you wish to exercise any of these rights or have any concerns regarding the collection, processing, or storage of your personal data, please contact us at :
    - support@mywhoosh.com
    - privacy@mywhoosh.com

- Participation in esports racing events is voluntary; however, certain personal data processing is necessary for eligibility, verification, competition administration, anti-cheating controls, anti-doping / integrity testing, and prize administration. For a Minor, prize administration is handled through the rider's parent or legal guardian, whose financial details may be required and are stored for audit and legal record purposes. If you do not provide requested information or do not cooperate with required processing that is necessary for those purposes, you may be deemed ineligible to participate, may have your result withheld or annulled, and/or may be ineligible for prizes or rankings.

- For the avoidance of doubt, where a rider is subject to an adverse analytical finding, refusal, non-compliance, programme violation, disqualification, annulment, suspension, ban, or other sporting consequence under these Rules and Regulations excluding matters governed by the UCI Anti-Doping Rules, for which results management and public disclosure are handled under the applicable UCI/ITA procedures, MyWhoosh may process, use, and disclose the relevant outcome or status in accordance with applicable law, MyWhoosh's Privacy Policy, and these Rules and Regulations. Any decision by a rider's employer, professional team, club, federation, sponsor, league, organizer, or other third party to impose its own disciplinary, contractual, sporting, or employment-related consequences shall be a matter solely for that third party under its own rules, policies, and contractual arrangements. MyWhoosh shall not be responsible or liable for any such third-party decision or consequence.

- Please note that by participating in the events, you acknowledge that the personal data you provide may be transferred to and processed in jurisdictions outside of your country of residence. We will ensure that any such transfers comply with applicable data protection laws and regulations, and appropriate safeguards will be implemented to protect your personal data.

- By accepting these MyWhoosh Rules and Regulations and providing your consent, you (or, where the rider is a Minor, the rider's parent or legal guardian) agree to the collection, processing, and storage of your personal data, including

health data, as described herein. Further terms and details can be found at Privacy Policy – MyWhoosh.